

Depression and Its Impact in Hepatitis C Infection

Suicide Risk Assessment Checklist

May 2004

- Establish trust/rapport.
- Obtain history.
- Ask questions about suicidal thoughts.
- Ask follow-up questions to determine if the patient has a plan, means, and opportunity.
- Determine if suicide prevention management or emergency treatment is required.

1. BDI Score: _____ **Question 9 Response:** _____

2. General Risk Factors:

- ☐ history of psychiatric disorders: non-impulsive__ or impulsive__
- ☐ family history of suicide
- ☐ has a firearm in the home
- ☐ history of previous suicide attempts: if yes, what method: _____
- ☐ depression
- ☐ substance abuse
- ☐ recent significant loss, such as death of a friend/spouse
- ☐ anniversary of significant loss
- ☐ stressful life event (separation, divorce, prison, or frequent relocation)
- ☐ experienced violence (physical, sexual, domestic, or child abuse)
- ☐ experienced poor parent-child communication
- ☐ few social supports

3. Warning signs:

- | | |
|---|--|
| <input type="checkbox"/> withdrawing from others | <input type="checkbox"/> personal crisis |
| <input type="checkbox"/> drastic mood swings | <input type="checkbox"/> giving away possessions |
| <input type="checkbox"/> marked personality changes | <input type="checkbox"/> beginning recovery |
| <input type="checkbox"/> risky behavior | |

4. Assessing Lethality:

- | | |
|--|--------------------------------------|
| <input type="checkbox"/> suicide threats | <input type="checkbox"/> means |
| <input type="checkbox"/> plan | <input type="checkbox"/> opportunity |